

# Preparing for your infusion

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**Before your infusion**, here's what you can do to prepare.



**Confirm the time and place**  
for your appointment



**Drink plenty of water**  
ahead of time to be sure  
you're hydrated



**Check with your doctor**  
to see if it is okay to eat  
before your appointment

## What to bring

- ✓ Bring a list of medications you are taking.
- ✓ Wear comfortable, loose-fitting clothes.
- ✓ Avoid perfumes and fragrances—others may be allergic.
- ✓ Bring a sweater or blanket—it may be cool inside.
- ✓ Have emergency contact information available.
- ✓ Take along a tablet computer, a book or magazine.
- ✓ Bring some music and headphones.

## After your infusion

You should be able to resume your normal schedule. It's important to stick with your treatment plan even if you are feeling better.

**Before leaving your treatment location, confirm your next appointment.**

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